

Stanhope Barrington C of E Primary School

Sports Funding 2018 - 2019

Here at Stanhope Barrington School we believe that sporting activities play a vital part in promoting social inclusion, healthy lifestyles and self confidence in our pupils. We want all children to enjoy sporting activities and continue to engage with these throughout their lives.

From September 2013 the government has provided additional funding of £150 million per annum for the academic years 2013-14 up to 2016-17 to improve PE provision and sport in all primary schools. Following the General Election, the government has increased funding to allow the scheme to continue until 2020. This funding provided jointly by the Department for Education, Health and Culture, Media and Sport – is allocated to primary head teachers and is ring fenced and can only be spent on provision of PE and Sport in school.

At Stanhope Barrington Primary School PE and sport is high priority and we have a range of provisions in place throughout the school day and after school. Our Sports coordinator, Mrs Howes is an experienced teacher in a sporting environment and has the drive and dedication to seek the best opportunities for our children.

In Stanhope Barrington, our aim is to maintain the quality and quantity of sports events and after school clubs, continue to participate in intra and inter school competitions, as well as to raise the opportunities for pupils to try different activities whilst increasing participation in physical activities.

The additional funding has enabled us to invite a range of sporting activities into school to broaden pupil's interests such as circus skills, martial arts, dance, climbing, outdoor adventure sports and cheerleading.



Since the scheme started in 2013, we have seen massive improvements in sporting opportunities in our rural area with numbers of children participating in a sporting activity more than doubled. The introduction of Martial Arts at Frosterley, Street Dance at Tow Law, Ball Games at Wolsingham and Swimming at Stanhope along with many more have encouraged our children to be much more active. In addition, many more games, clubs and activities are planned and operating during school holidays. This is a real bonus as children can continue fitness levels and preparation for clubs that may be closed during holiday periods and school breaks.

Through sports and physical activities we aim to develop a greater awareness in pupils of health dangers such as obesity, smoking, poor diet and other factors which have a detrimental effect on health and well-being. In Stanhope Barrington we now offer children the opportunity to work during the week with teenagers, school nurses and other specialists to understand the importance of being healthy and looking after our body. In the winter months we used some of the sports fund to invite professional football coaches from Blackburn Rovers to our school. From a physical point of view, the coaches trained 135 of our children from nursery age to Y6 just as they would with the millionaires at Ewood Park. However, we felt one of the main objectives was to educate our older children regarding a healthy life style. The coaches made comparisons with food and drink a professional footballer would eat compared to the food and drink the children's parents would be more likely to eat. Also discussed was the variety of food choice in football clubs today due to the influx of players from every part of the world. The example of this was the different kinds of rice players would eat. Players from China, Spain and South America would all have a different preference on what type of rice would be best for them. Staff also discussed stretching, warm ups, digestion times, sleep patterns and many more things to ensure firm messages got across to the children to make them realise if they wanted to do well in any kind of sport at any level they would need to look after themselves. This was a fantastic opportunity for the children and one they would not have benefitted from had we not had the sports fund in place to subsidise the cost of such events. Thanks to the contacts we have at Blackburn Rovers, from September 2017. the club has offered some bespoke training for our staff in school and down at Rovers academy training facility in Blackburn. The objective is to look at movement, balance and keeping healthy as well as getting staff and children to understand basic physiotherapy and why injuries can occur. This is a fantastic opportunity and I will be inviting other staff from local primary schools in our location to this training as it will enable us to be at the forefront of any new ideas suitable for the professional athlete





One day a week we buy in sport from Durham County. Our sports specialist runs additional PE events before school, through break times and after school including intra school tournaments as well as delivering a holistic PE and sports curriculum to all pupils. We are working to give our children a solid grounding in sports whilst raising their understanding of the crucial role sports activity has in maintaining a healthy lifestyle. To continue to provide the best opportunities possible, we anticipate from September 2018, all breakfast, lunchtime and after school supervisors from Stanhope Barrington will be given relevant CPD training so that games and activities during all breaks are delivered to the best standard possible. These members of staff will then get the opportunity to work with our sports specialist to ensure sporting cohesion runs throughout the school during as much of the day as possible. Taking this model even further, our whole team, including Governors have attended an outdoor adventure CPD day and I have suggested to members of our governing body that they should be involved in further sport CPD and this could lead to them promoting sport as well as helping children to enjoy and participate in many more sporting events both in school and at festivals. From September 2018 we have allocated a link Governor (Miss Annabel Gascoigne) to work with Mrs Howes (PE Co-ordinator) to develop PE across the school.

Whilst the funding is a welcome contribution to the promotion of sports, PE and healthy lifestyles the school makes significant additional contributions to the promotion of this area of the curriculum. We have also gained sponsorship and donations for equipment through a number of different schemes and have identified future opportunities to raise money to enable our children to have fantastic experiences many schools are not able to offer.

Allocation of funding 2018-19 for Sports, PE and Promoting Healthy Lifestyles

Total number of pupils on roll as of September 2018 = 165

Amount of Government Funding received for 2018-19 = £17,250.00

Total amount of funding to be received over five financial years 2013-19 = £64,000.00

The Sports Funding has been allocated against:

- Part payment of salary for PE and sports coach to deliver a wide and varied sports curriculum and model good quality PE teaching to staff
- CPD for staff to enhance skills
- Coaches attendance at a conference to ensure the range of activities on offer is outstanding and of high quality. We continue to support two County Durham Sports Apprentices who use our school as a base.
- Provision of a range of one day events to broaden pupils experience of sports such as Ceilidh, Judo sessions, Basketball training from Newcastle University and Tennis.

- An increase in availability of the swimming facility to enable pupils in year 3 and 4 to visit more frequently
- PE and sports equipment
- CPD for sports coach and apprentices to train in swimming coaching to support pupils in swimming lessons
- Attendance of KS2 children at Weardale Adventure Centre who experienced Gorge Walking for the first time.
- Year 5&6 Children attending Kingswood outdoor residential visit where they experience a huge range of outdoor activities and sports.



- o Provision of clog dancing lessons, tap dancing and folk dancing.
- o Participation in the Early Years Multi-skills programme.
- Invested in ipads so that the children can use ICT to record activities and improve their performances.
- We will be investing heavily in a new Outdoor Activity Trail in our EYFS area in order to ensure our youngest children will continue to develop their gross motor skills.
- We will be arranging for specialist motor skills professionals to work with our children who have identified SEND with regard to movement and co-ordination.
- We have arranged specific training for our Lunchtime Supervisors in order to provide them with skills to organise games and activities on the yard and field during lunchtime.
- Similarly we will be training our PALS (Playtime Leaders) to run activity stations around the outdoor area to engage children in physical activity during break times.
- We have already invested heavily in Den Building and Fire Lighting equipment and have held an Alternative Curriculum Day where children spent the day learning outdoor skills.

Objectives for Initiatives:

- To develop an enjoyment of sport and physical activity and promote a healthy lifestyle in children from an early age;
- To Inspire children of all abilities to continue the sporting legacy of the London 2012 Olympic Games and the games held in Brazil in 2016.
- To support all pupils to realise their ambitions and identify their skills and talents and embrace these;
- To educate all pupils in how to maintain a healthy lifestyle and use sports activities to maintain good health and develop social skills;

- To facilitate children in establishing and maintaining new friendships and team skills.
- To ensure that children are exposed to a competitive environment.
- To provide opportunities for SEND children to access sport and games.

We are delighted that the Sport Premium has been extended to £17,250 for the academic year 2018/2019, having originally only been guaranteed for two years. The funding, which has been available since 2013, is allocated directly to primary schools, providing them with dedicated resource to increase PE and school sport provision in their schools.

Breakdown of money to be spent or allocated during the academic year 2018 – 2019

- Durham County Sports Coaches for curriculum and Holiday Club £3,500
- Olympic Gold Medallists to visit school & coach children £485
- o Basketball Coaches £300
- o Circus Skills Workshop £200
- Transport Costs £1,000
- Professional Premiership Football Coaches (Blackburn Rovers) £350
- Investment in ipads £2,280
- Specialists for Fine and Gross motor skills £1,500
- Staff Training (CPD) £500
- Residential trip (Travel costs) £500
- Training for Lunchtime Supervisors £500
- Develop role of PALS (Playtime Leaders) £300
- Purchase of Den Building and Fire Lighting Equipment £3,000
- Purchase of new football goals £1,000
- EYFS Activity Trail £4,000

Impact on Children & Staff

Since September 2013 there has been a significant increase in the number of children in our school who are now participating in sports activities, either through curriculum time, breakfast club, afterschool clubs or holiday clubs. We have also seen a significant rise in children joining specialist clubs such as Shildon Athletics club, Taekwondo, Deerness Gymnastics Club, Tap and Ballet clubs. This represents an increase in interest children have in sporting activities and achievement. Children are now coming in to school sharing their successes with us through assemblies and our Sports Celebration Board in the hall.

During the last academic year, we had a number of children grade in Taekwondo with 2 reaching junior Black Belt, 1st Poom. We had 2 children reach grade 2 in Tap Dance and 3 children chosen to work at Conset Empire Theatre during Pantomime season as part of the dance team. Our children have had success at Deerness Tumbling, Willington Parkside Central Venue football league and the Key Stage 1 Mini Sports Day at Crook Primary. Charities have also benefitted by our children participating in several fund raising events this year with 10 children running and

swimming for proceeds to go to good causes. On two occasions over 30 of our children have travelled to Ewood Park, home of Blackburn Rovers to take part in training at the Rovers Indoor Arena and then watch a Championship match. The highlight of these 2 events were that over 30 children on each occasion had the opportunity to lead the players onto the pitch before the game and take penalties at half time in front of 25,000 supporters. Money was used from our PE fund to contribute to the cost of events such as this as we felt it was an opportunity for all children, even those who may have found the trip a little expensive had it not been subsidised by the school.

Children are showing a greater understanding of the impact sport has on healthy lifestyles and are now making healthier lifestyle choices. 97% of our children now have a warm school meal which is set by qualified nutritionists from Taylor Shaw. School menu choices are now changed 3 times a year with much more information given to educate children of the make-up of the daily options, guarding against too much salt and sugar. Taylor Shaw are now providing individual menu choices for those children who have specific dietary requirements. For the small percentage of children who don't want school meals, we are promoting healthy packed lunches, in line with County guidelines, both in school and when our children are out representing the school at sporting festivals and activities.

We are delighted to see an improvement in the self-esteem and confidence of our children who now have the opportunity to excel at new skills and explore sporting activities which they would not normally be exposed to. This confidence has led to our children having the ability to self-assess their own skills against those of their peers and recognise targets for improvement and development. With the involvement of specialists, Olympians & professional sporting role models, we have noticed an increase in motivation and commitment to physical activity by the children. A typical example of this was when an older child came in to school during A level free periods on a voluntary basis to support children who sometimes didn't think they were as good as others. Not only did this have a positive impact on the children concerned but I recognised the older boy for his fantastic contribution. We decided he should be nominated for the Chairman's Medal, Durham County's highest honour for his work with children and I was delighted when he was selected as the winner. Thanks to his work he has now been recognised by Durham County Sport and has begun an apprenticeship and this success has led to him taking part in the Tall Ships Race in June 2018.

In terms of building confidence and academic resilience, our recent Alternative Curriculum Day was extremely successful. The day was designed by one of our pupil voice groups who decided that the whole school should spend a day learning outdoor skills. The children took part in den building and fire lighting along with other bushcraft skills.

On Friday 13th July, our annual sports day was extremely well attended. The day started on the morning with our Nursery sports day where children of only three years old took part in a range of sporting activities. They were supported by our older children and a huge crowd of supporters made up of parents, grandparents and

friends of the school. These very young children all received a medal for their sporting achievements. This pattern continued on the afternoon with our older children providing excellent entertainment for an enormous crowd of spectators. We were very proud of our children who displayed excellent team spirit and sportsmanship.

Our sports coaches are extremely skilled and have introduced a range of new warm-ups, games and activities which our staff are now incorporating into their own practise. Our teachers work closely with the sports coaches as part of their own CPD through observation of the coaches and through the sports coaches observing the teachers. As a result of the development of our staff, the delivery of PE lessons has improved providing fun, dynamic lessons which stretch and challenge our children.

We are working closely with specialists from County who provide advice, support and guidance with regard to policy and practise who are very positive about our delivery of PE. As an 'Outstanding' school we believe we have a role to play in giving children as many positive experiences as possible whilst educating them at the same time that hard work and looking after themselves are essential if they are to succeed. Early intervention is paramount to set children up for a good sporting future and we think children should experience fun sporting activities that are varied and have the potential to continue to high levels of progress as the children get better and older. We constantly seek advice from County and the Physical Education team on how we can improve, offer new ideas and how to get best value for money and I'm delighted that support is available for all schools in our area to chip in to.

Sporting Success in 2017-2018

- In 2017-2018 we were awarded the Sainbury's Sports Mark Bronze Award but this year we have improved and are delighted to have achieved the Silver Award for 2018-2019.
- 100% of Y6 Children passed 25 metres in swimming compared to National Average 53%.



- Football Team placed 4th in Central Venue League.
- Attended Tag Rugby Festival.
- Two teams have taken part in the High 5 competition.
- Two teams of KS2 children took part in the Quad kids competition.
- Our KS2 athletics team took part in the District Athletics Trials with three children qualifying for the County Finals.
- Year 5&6 children took part in the County Tennis festival.

- KS1 children trained for and took part in the County Hockey festival.
- All KS1 children took part in a Multi-skills activity day held at Willington Parkside
- 2 children gain junior black belt in Taekwondo.
- School does the Morning Mile each day and we have had as many as 62 parents taking part in it too to support their children.
- Nursery and Reception children have taken part in the EYFS Multi-skills challenge.
- Year 5&6 children have also taken part in water safety and life-saving skills training.
- Performances have been delivered by children both in school and in our local church to show their skills in clog dancing and tap dancing.
- Our gymnastics team took part in the County festival and performed their routines for parents and governors in front of the whole school.
- KS2 children have undertaken training events in table tennis skills.
- Whole school have taken part in a Ceilidh which was so popular the children have asked for it to be re-booked.
- Year 5 attended Wolsingham Comprehensive school for Orienteering and Trampolining as part of their transition plan.



Individual Awards 2017 - 2018

- Sports Boy of the Year Kyle Emerson
- Sports Girl of the Year Phoebe Carr
- Commitment to Sport (Boy) Jack Parker
- Commitment to Sport (Girl) Grace Toal
- Footballer of the Year Alfie Peneycad
- Young Player of the Year Thomas Percival
- Most Improved Player Jack Parker
- Goal of the Season Alfie Peneycad
- Save of the Season Charlie Parvin
- Gymnast of the Year Phoebe Carr
- Cricket Prospect Daniel Wright
- Confidence in Swimming Leah Emerson
- Clog Dancing Bonnie Gillow
- Tap Dancing Georgia Bowman







Continuing Success of our ex-pupils since Sports Premium was introduced

- One child is a member of the National Gymnastics Competition Squad.
- One child is running on behalf of Shildon Athletics.
- One child playing District level football.
- One child has attended the National trials for badminton.
- Four children have gone on to train as lifeguards and have secured part time roles as lifeguards at our local open air swimming pool.
- Two children have continued with climbing and have achieved qualifications in this field.
- · One child has also achieved success in bouldering.



