

Stanhope Barrington C of E
Primary School



Westcroft
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Head Teacher: Mrs D Cross

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Dear Parent/Carer

13th December 2021

Re: Feel Good Friday

One of our pupil voice groups is the Alternative Curriculum Team and each term they design a day where everyone comes off normal timetable and does something totally different.

This term they have decided that we should have a 'Feel Good Friday' on the last day of term (Friday 17th December 2021). The pupil voice group have planned the following for us:

- Children can come into school wearing appropriate PJ's, onesies or non-uniform
- We will have a whole school assembly which explores how we can manage our own feelings and emotions
- Each Learning Zone will complete a range of activities linked to emotional well-being and mental health throughout the day
- We will provide hot chocolate and marshmallows for every child
- Each Learning Zone will watch the Disney film: Inside Out (which explores feelings and emotions)

I am very impressed with the plan for our Alternative Curriculum Day and I am sure the children will not only have a great day but that it will also support them to learn how to manage their own emotional well-being and mental health.

If you have any queries or questions regarding our Alternative Curriculum Day, please do not hesitate to contact me.

Yours sincerely

Mrs D Cross

Mrs D Cross
Head Teacher

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