



Stanhope Barrington C of E
Primary School

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Dear Parent/Carer

24th January 2024

Re: Happiness Heroes Lunchtime Drop In Sessions

As you may know, we have a pupil voice group called the Happiness Heroes which is led by Mrs Heslop-Stead – one of our well-being ambassadors. The Happiness Heroes work across the school with both children and staff to plan, organise and deliver activities linked to well-being and mental health.

Their remit includes planning 'alternative curriculum days' which have included den building and lots of other fun days where we leave the normal timetable of lessons and all do something totally different. They also plan events and activities linked to national days such as Children's Mental Health Week or Sleep Awareness Day etc.

This year the children on the team have suggested offering a drop in session one lunchtime a week for children who may not want to play outside, might want to do something quieter or just find a space for themselves indoors.

We think this is an amazing idea and therefore from Monday 29th January 2024 our Happiness Heroes (supervised by Mrs Heslop-Stead) will be holding their drop in session every Monday from 12.30pm based in the Ruby Learning Zone.

Yours sincerely

Mrs D Cross

Mrs D Cross
Head Teacher

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